# SONA COLLEGE OF TECHNOLOGY, SALEM-5

(An Autonomous Institution)

# M.E- Industrial Safety Engineering

(Dept of Mechanical Engineering)

## **CURRICULUM and SYLLABI**

[For students admitted in 2023-2024]

**PG** Regulations 2023

Approved by BOS and Academic Council meetings

NEW IS:

# Sona College of Technology, Salem (An Autonomous Institution)

Courses of Study for M.E/M.Tech. Semester I under Regulations 2023 (CBCS)

T .		~ .	
Branch:	Industrial	Safety	Engineering

S.No	Course Code	Course Title	L	Т	P	J	C	Category	Total Contact Hours	Course Type*
		Theory cour	ses							
1	P23ISE101	Principles of Safety Management	3	0	0	0	3	PC	45	Т
2	P23ISE102	Occupational Health and Industrial Hygiene	3	0	0	0	3	PC	45	T
3	P23ISE103	Environmental Safety	3	0	0	0	3	PC	45	T
4	P23ISE502	Elective: Computer Aided Hazard Analysis	3	0	0	0	3	PE	45	Т
5	P231SE505	Elective: Quality Engineering in Production Systems	3	0	Ò	0	3	PE	45	Т
6	P23GE101	Research Methodology and IPR	3	0	0	0	3	PC	45	T
7	P23GE701	Audit Course: English for Research Paper writing	2	0	0	0	0	AC	30	T
		Practical cou	rses					Market I		
8	P23ISE104	Industrial Safety Laboratory	0	0	4	0	2	PC	60	L
9	P231SE105	Safety Audit	0	0	0	2	1	PC	30	P
				Tota	l Cre	dits	21			

<sup>\*</sup>T- Theory, TT- Theory with Tutorial, TL- Theory with Laboratory, TP- Theory with Project, TLP- Theory with Laboratory and Project, L-Laboratory, LT- Laboratory with Theory, LP- Laboratory with Project

#### Approved By

2.2	Nivakimer	J. duland >	J. dulano >
Chairperson, Mechanical Engineering BoS	Member Secretary, Academic Council	Dean-Academics	Chairperson, Academic Council & Principal
Dr. D. Senthilkumar	Dr.R.Shivakumar	Dr.J.Akilandeswari	Dr.S.R.R.Senthil Kumar

Copy to:-

HOD/ Mechanical Engineering, First Semester M.E. ISE Students and Staff, COE

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## Sona College of Technology, Salem

### (An Autonomous Institution)

# Courses of Study for M.E/M.Tech. Semester II under Regulations 2023 (CBCS) Branch: Industrial Safety Engineering

S.No	Course Code	Course Title	L	T	P	J	С	Category	Total Contact Hours	Course Type*
		Theo	ry co	urse	S	<u> </u>	İ	<u> </u>		
1.	P23ISE201	Industrial safety, health and environment acts	3	0	0	0	3	PC	45	T
2.	P23ISE202	Fire engineering and explosion control	3	0	0	0	3	PC	45	Т
3.	P23ISE203		3	0	0	0	3	PC	45	T
4.	P23ISE204	Safety in Process Industries	3	0	0	0	3	PC	45	T
5.	P23ISE507	Elective: Safety in Construction	3	0	0	0	3	PE	45	T
6.	P23ISE512	Elective: Safety in Mines	3	0	0	0	3	PE	45	T
7.	P23ISE702	Audit Course: Stress Management by Yoga	2	0	0	0	0	AC	30	T
Pract	ical courses						-			
8.	P23ISE205	Mini project -hazard assessment in industry	0	0	0	4	2	PC	60	P
			1	otal	Cre	dits	20			

<sup>\*</sup>T- Theory, TT- Theory with Tutorial, TL- Theory with Laboratory, TP- Theory with Project, TLP- Theory with Laboratory and Project, L-Laboratory, LT- Laboratory with Theory, LP- Laboratory with Project

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٨	Miraburar	I Allano 7	
Chairperson BoS	Member Secretary/ Academic Council	Dean-Academics	Chairperson, Academic Council & Principal
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NEW IS:

# Sona College of Technology, Salem (An Autonomous Institution)

Courses of Study for M.E/M.Tech. Semester I under Regulations 2023 (CBCS)

T .		~ .	
Branch:	Industrial	Safety	Engineering

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		Theory cour	ses							
1	P23ISE101	Principles of Safety Management	3	0	0	0	3	PC	45	Т
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3	P23ISE103	Environmental Safety	3	0	0	0	3	PC	45	T
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7	P23GE701	Audit Course: English for Research Paper writing	2	0	0	0	0	AC	30	T
		Practical cou	rses					Market I		
8	P23ISE104	Industrial Safety Laboratory	0	0	4	0	2	PC	60	L
9	P231SE105	Safety Audit	0	0	0	2	1	PC	30	P
				Tota	l Cre	dits	21			

<sup>\*</sup>T- Theory, TT- Theory with Tutorial, TL- Theory with Laboratory, TP- Theory with Project, TLP- Theory with Laboratory and Project, L-Laboratory, LT- Laboratory with Theory, LP- Laboratory with Project

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Copy to:-

HOD/ Mechanical Engineering, First Semester M.E. ISE Students and Staff, COE

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Door	CTTO	PRINCIPLES OF SAFETY	L	T	P	J	C
P23ISE101		MANAGEMENT	3	0	0	0	3
Course (	Outcomes	a agli e a ana a a a a a a	2	i y			
At the er	nd of the cours	e, the student will be able to					
CO1:	Identify the	functions and activities of safety engineer	ring departm	ent.			
CO2:	Carry out a s	safety audit and prepare a report for the	audit.				
CO3:	Prepare an accident investigation report.						
CO4:	Estimate the accident cost using supervisors report and data.,						
CO5:	5: Evaluate the safety performance of an organization from accident records						

	(3/2/1 indicates	CO/PO, P the strength of cor	SO Mapping relation) 3-Strong, 2	2-Medium, 1-We	ak
	Programr	ne Outcomes (POs)	and Programme Sp	pecific Outcomes	(PSOs)
COs	PO1	PO2	PO3	PO4	PO5
CO1	3	1	2		
CO2	1	2	3		andream and a second
CO3	7	3		1	<u>-</u>
CO4		2		2	
CO5	1	2		1	

	Course Assessment methods	
	Dîrect	Indirect
CIE test I (10) CIE test II (10) CIE test III (10)	Assignment / Problem- solving / Seminar (10) Total CIE: 40 marks Semester End Examination: 60 marks	Course end survey
Unit 01: CONCE	PTS AND TECHNIQUES	9 Hours

History of Safety movement –Evolution of modern safety concept- general concepts of management—planning for safety for optimization of productivity -productivity, quality and safety-line and staff functions for safety-budgeting for safety-safety policy. Incident Recall Technique (IRT), disaster control, job safety analysis, safety survey, safety inspection, safety sampling, evaluation of performance of supervisors on safety.

#### **Unit 02:** SAFETY AUDIT 9 Hours

Components of safety audit, types of audit, audit methodology, non-conformity reporting (NCR), audit checklist and report – review of inspection, remarks by government agencies, consultants, experts – perusal of accident and safety records, formats - implementation of audit indication - liaison with departments to ensure co-ordination – check list – identification of unsafe acts of workers and unsafe conditions in the shop floor.

#### Unit 03: ACCIDENT INVESTIGATION AND REPORTING

9 Hours

Concept of an accident, reportable and non-reportable accidents, reporting to statutory authorities principles of accident prevention – accident investigation and analysis – records for accidents, departmental accident reports, documentation of accidents - unsafe act and condition - domino sequence - supervisory role - role of safety committee -cost of accident.

#### Unit 04: SAFETY PERFORMANCE MONITORING

9 Hours

ANSI (Z16.1) Recommended practices for compiling and measuring work injury experience - permanent total disabilities, permanent partial disabilities, temporary total disabilities - Calculation of accident indices, frequency rate, severity rate, frequency severity incidence, incident rate, accident rate, safety "t" score, safety activity rate - problems.

#### Unit 05: SAFETY EDUCATION AND TRAINING

Tutorial:

9 Hours

Total Hours: 45 Hrs

Importance of training-identification of training needs-training methods - programmes, seminars, conferences, competitions - method of promoting safe practice - motivation - communication - role of government agencies and private consulting agencies in safety training - creating awareness, awards, celebrations, safety posters, safety displays, safety pledge, safety incentive scheme, safety campaign -Domestic Safety and Training.

Practical:

"Safety and Good House Keeping", N.P.C., New Delhi, 1985.

REFERI	ENCES
1.	"Accident Prevention Manual for Industrial Operations", N.S.C.Chicago, 13th Edition 2009.
2.	Blake R.B., "Industrial Safety" Prentice Hall, Inc., New Jersey,. 3rd Edition 2000.
3.	Dan Petersen, "Techniques of Safety Management", McGraw-Hill Company, Tokyo, 1981.
4.	Heinrich H.W. "Industrial Accident Prevention" McGraw-Hill Company, New York, 1980
5.	John Ridley, "Safety at Work", Butterworth and Co., London, 1983
6.	Lees, F.P., Loss Prevention in Process Industries" Butterworth publications, London, 2nd edition, 1990.
7.	Relevant Indian Standards and Specifications, BIS, New Delhi.

D. SENTHIL KUMAR, M.E.,Ph.D PROFESSOR & HEAD DEPT. OF MECHANICAL ENGG. SONA COLLEGE OF TECHNOLOGY

Project:

Theory: 45 Hrs

8.

Deal	Tron	OCCUPATIONAL HEALTH AND		T	P	J	С	
P23ISE102		INDUSTRIAL HYGIENE	3	0	0	0	3	
Course O	utcomes							
At the en	d of the cou	urse, the student will be able to						
CO1:		ne various physiological functions of our bog of health.	ody and the	test met	hods fo	or peri	odical	
CO2:	Recognize the functions and activities of Occupational health services.							
CO3:	Classify various types of hazards arising out of physical, chemical and biological agents in a process.							
CO4:		notifiable occupational diseases arising out	of Occupation	on and s	uggest	metho	ds for	
CO5:		ne various physiological functions of our bog of health.	ody and the	test met	thods fo	or peri	odical	

	(3/2/1 indicate		PSO Mapping orrelation) 3-Stror	ng, 2-Medium, 1-We	ak
CO-	Program	me Outcomes (PO	s) and Programm	e Specific Outcome	s (PSOs)
COs	PO1	PO2	PO3	PO4	PO5
CO1	3	1	2	2	1
CO2			3	2.2.N 1014221142.0.12	<b>2</b>
СОЗ					
CO4	-			2	2
CO5	1	1	2		2

Course Assessment methods				
Direct				
CIE test I (10)	Assignment / Problem- solving /			
CIE test II (10)	Seminar (10)	Course end		
CIE test III (10)	Total CIE: 40 marks	survey		
	Semester End Examination: 60 marks			

#### Unit 01 PHYSICAL HAZARDS

9 Hours

Noise, compensation aspects, noise exposure regulation, properties of sound, occupational damage, risk factors, sound measuring instruments, octave band analyzer, noise networks, noise surveys, noise control program, industrial audiometry, hearing conservation programs- vibration, types, effects, instruments, surveying procedure, permissible exposure limit.

Ionizing radiation, types, effects, monitoring instruments, control programs, OSHA standard- non- ionizing radiations, effects, types, radar hazards, microwaves and radio-waves, lasers, TLV- cold environments, hypothermia, wind chill index, control measures- hot environments, thermal comfort, heat stress indices, acclimatization, estimation and control

### Unit 02 CHEMICAL HAZARDS

9 Hours

Recognition of chemical hazards-dust, fumes, mist, vapour, fog, gases, types, concentration, Exposure vs. dose, TLV - Methods of Evaluation, process or operation description, Field Survey, Sampling methodology, Industrial Hygiene calculations, Comparison with OSHAS Standard.

Air Sampling instruments, Types, Measurement Procedures, Instruments Procedures, Gas and Vapour monitors, dust sample collection devices, personal sampling

Methods of Control - Engineering Control, Design maintenance considerations, design specifications - General Control Methods - training and education

#### Unit 03: BIOLOGICAL AND ERGONOMICAL HAZARDS

9 Hours

Classification of Biohazardous agents – examples, bacterial agents, rickettsial and chlamydial agents, viral agents, fungal, parasitic agents, infectious diseases – Covid SARS - Biohazard control program, employee health program-laboratory safety program-animal care and handling-biological safety cabinets - building design.

Work Related Musculoskeletal Disorders –carpal tunnel syndrome CTS- Tendon pain-disorders of the neck-back injuries

#### Unit 04: OCCUPATIONAL HEALTH AND TOXICOLOGY

9 Hours

Concept and spectrum of health - functional units and activities of occupational health services, preemployment and post-employment medical examinations - occupational related diseases, levels of prevention of diseases, notifiable occupational diseases such as silicosis, asbestosis, pneumoconiosis, siderosis, anthracosis, aluminosis and anthrax, lead-nickel, chromium and manganese toxicity, gas poisoning (such as CO, ammonia, coal and dust etc) their effects and prevention - cardio pulmonary resuscitation, audiometric tests, eye tests, vital function tests

Industrial toxicology, local, systemic and chronic effects, temporary and cumulative effects, carcinogens entry into human systems.

#### Unit 05: OCCUPATIONAL PHYSIOLOGY

9 Hours

Man as a system component – allocation of functions – efficiency – occupational work capacity – aerobic and anaerobic work – evaluation of physiological requirements of jobs – parameters of measurements – categorization of job heaviness – work organization – stress – strain – fatigue – rest pauses – shift work – personal hygiene.

Theory: 45 Hrs	Tutorial:	Practical:	Project:	Total Hours: 45 Hrs
,		and the second of the second o		

REFERENCES				
1.	Benjamin O.Alli, Fundamental Principles of Occupational Health and Safety ILO 2008.			
2.	Danuta Koradecka, Handbook of Occupational Health and Safety, CRC, 2010.			
3.	E.J. McCornick, and M. S Sanders, "Human Factors in Engineering and Design," Tata McGraw-Hill, 1992.			
4.	Encyclopedia of "Occupational Health and Safety", Vol.I and II, published by International Labour Office, Geneva, 1985			
5.	Handbook of "Occupational Safety and Health", National Safety Council, Chicago, 2002.			
6.	Lawrence Slote, "Handbook of occupational safety and health", Wiley, 2001.			
7.	Louis J. Di Berardinis," Handbook of occupational safety and health "Wiley, 1999.			
8.	Interim guidance "COVID-19: Occupational health and safety for health workers", WHO & ILO,2021			

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Page	SE103	ENNIDONINENTAL CARETY	L	T	P	J	C
17251	SEIUS	ENVIRONMENTAL SAFETY	3	0	0	0	3
Course (	Outcomes					-	
At the er	nd of the cour	se, the student will be able to		2			
CO1:	Illustrate ar	nd familiarize the basic concepts scope of en	nvironmen	tal safety.			
CO2:		e standards of professional conduct the ns and/or certification bodies.	at are pu	blished b	y profes	ssional	safety
CO3:	Explain the pollution.	ways in which environmental health pr	oblems ha	ve arisen	due to	air and	water
CO4:		e role of hazardous waste management a	and use of	critical th	inking to	identif	y and
CO5:	Discuss con	cepts of measurement of emissions and de	sign emissi	on measu	rement d	levices.	

	(3/2/1 indica		, PSO Mapping correlation) 3-Stron	ng, 2-Medium, 1-W	eak
COs	es (PSOs)				
COs	PO1	PO2	PO3	PO4	PO5
CO1	2		2		1
CO2	2		3		÷
СОЗ	1			1	1
CO4	2		1		2
CO5	-	1		3	

Course Assessment methods					
	Direct	Indirect			
CIE test I (10)	Assignment / Problem- solving /				
CIE test II (10)	Seminar (10)				
CIE test III (10)	Total CIE: 40 marks	Course end survey			
	Semester End Examination: 60 marks				

#### Unit 01 AIR POLLUTION

9 Hours

Classification and properties of air pollutants – Pollution sources – Effects of air pollutants on human beings, Animals, Plants and Materials - automobile pollution-hazards of air pollution-concept of clean coal combustion technology - ultraviolet radiation, infrared radiation, radiation from sun-hazards due to depletion of ozone - deforestation-ozone holes-automobile exhausts-chemical factory stack emissions-CFC.

#### Unit 02 WATER POLLUTION

9 Hours

Classification of water pollutants-health hazards-sampling and analysis of water-water treatment - different industrial effluents and their treatment and disposal -advanced wastewater treatment - effluent quality standards and laws- chemical industries, tannery, textile effluents-common treatment

#### Unit 03: HAZARDOUS WASTE MANAGEMENT

9 Hours

Hazardous waste management in India-waste identification, characterization and classification-technological options for collection, treatment and disposal of hazardous waste-selection charts for the treatment of different hazardous wastes-methods of collection and disposal of solid wastes-health hazards-toxic and radioactive wastes-incineration and verification - hazards due to bio-process- dilution-standards and restrictions – recycling and reuse.

#### Unit 04: ENVIRONMENTAL MEASUREMENT AND CONTROL

9 Hours

Sampling and analysis – dust monitor – gas analyzer, particle size analyzer – lux meter-pH meter – gas chromatograph – atomic absorption spectrometer.

Gravitational settling chambers-cyclone separators-scrubbers-electrostatic precipitator - bag filter – maintenance - control of gaseous emission by adsorption, absorption and combustion methods- Pollution Control Board-laws.

#### Unit 05: POLLUTION CONTROL IN PROCESS INDUSTRIES

9 Hours

Pollution control in process industries - cement, paper, petroleum-petroleum products-textile- tanneries-thermal power plants - dying and pigment industries - eco-friendly energy.

Theory: 45 Hrs Tutorial: Practical: Project Total Hours: 45 Hrs

#### REFERENCES

- 1. E. C Wolfe, Race to Save to Save Planet, Wadsworth Publishing Co., Belmont, CA 2006.
- 2. G. T Miller, Environmental Science: Working with the Earth, 11th Edition, Wadsworth Publishing Co., Belmont, CA, 2006
- 3. M.J Hammer, and M.J Hammer,., Jr., Water and Wastewater Technology, Pearson Prentice Hall, 2006
- 4. Rao, CS, "Environmental pollution engineering, Wiley Eastern Limited, New Delhi, 1\* January 2018.
- 5. S. P. Mahajan, "Pollution control in process industries", Tata McGraw Hill Publishing Company, New Delhi, 2006.
- 6. Varma and Braner, "Air pollution equipment", Springer Publishers, Second Edition.

4.8.2023 Version I.0

M.E. Industrial Safety Engineering

PG Regulations 2023

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JUNCTION MAIN ROAD, SALEM-5.

			L	T	P	J	C
P23I	SE502	COMPUTER AIDED HAZARD ANALYSIS	3	0	0	0	3
Course (	Outcomes			* 11 3			
At the er	nd of the co	ourse, the student will be able to					
CO1:	Explain t	he basic concepts in risk and hazard					
CO2:	Identify the various instruments to bring safety in Industries						
CO3:	Provide	solution for risk assessment studies using software		· da			
CO4:	Quantify	the risk by applying risk assessment technique.		tory to			
CO5:	Employ l	hazard analysis techniques in Industry and helpful	to preve	nt the acc	idents i	n Indu	strv

	(3/2/1 indica		D, PSO Mapping correlation) 3-Stron	ng, 2-Medium, 1-We	eak
COs	Progra	mme Outcomes (P	Os) and Programm	e Specific Outcome	s (PSOs)
COS	PO1	PO2	PO3	PO4	PO5
CO1	min or in the action	. 3	1		Takes
CO2	1		*	2	
CO3	1		1	3	1
CO4	-	1		2	3
CO5		i	2	2	•

Course Assessment methods				
Direct Indirect				
CIE test I (10)	Assignment / Problem- solving /Seminar (10)			
CIE test II (10)	Total CIE: 40 marks	Course end survey		
CIE test III (10)	Semester End Examination: 60 marks			

Unit 01	HAZARD, RISK ISSUES AND HAZARD ASSESSMENT	9 Hours

Introduction, hazard, hazard monitoring-risk issue, group or societal risk, individual risk, voluntary and involuntary risk, social benefits Vs technological risk, approaches for establishing risk acceptance levels, Risk estimation. Hazard assessment, procedure, methodology; safety audit, checklist analysis, what-if analysis, safety review, preliminary hazard analysis (PHA), human error analysis, hazard operability studies (HAZOP), safety warning systems.

#### Unit 02 COMPUTER AIDED INSTRUMENTS

9 Hours

Applications of Advanced Equipment and Instruments, Thermo Calorimetry, Differential Scanning Calorimeter (DSC), Thermo Gravimetric Analyser(TGA), Accelerated Rate Calorimeter(ARC), Reactive Calorimeter(RC), Reaction System Screening Tool(RSST) - Principles of operations, Controlling parameters, Applications, advantages.

Explosive Testing, Deflagration Test, Detonation Test, Ignition Test, Minimum ignition energy Test, Sensitiveness Test, Impact Sensitiveness Test (BAM) and Friction Sensitiveness Test (BAM), Shock Sensitiveness Test, Card Gap Test.

#### Unit 03: RISK ANALYSIS QUANTIFICATION AND SOFTWARES

9 Hours

Introduction to Discrete and Continuous Systems Simulation- Fault Tree Analysis and Event Tree Analysis, Logic symbols, methodology, minimal cut set ranking - fire explosion and toxicity index (FETI), various indices - Hazard analysis(HAZAN)- Failure Mode and Effect Analysis(FMEA)- Basic concepts of Reliability- Software on Risk analysis, CISCON, FETI, HAMGARS modules on Heat radiation, Pool fire, Jet, Explosion. Reliability software on FMEA for mechanical and electrical systems.

#### Unit 04: CONSEQUENCES ANALYSIS

9 Hours

Logics of consequences analysis- Estimation- Hazard identification based on the properties of chemicals-Chemical inventory analysis- identification of hazardous processes- Estimation of source term, Gas or vapour release, liquid release, two phase release- Heat radiation effects, BLEVE, Pool fires and Jet fire-Gas/vapour dispersion- Explosion, UVCE and Flash fire, Explosion effects and confined explosion- Toxic effects- Plotting the damage distances on plot plant/layout.

#### Unit 05: CREDIBILITY OF RISK ASSESSMENT TECHNIQUES

9 Hours

Past accident analysis as information sources for Hazard analysis and consequences analysis of chemical accident, Mexico disaster, Flixborough, Bhopal, Seveso, Pasadena, Feyzin disaster(1966), Port Hudson disaster- convey report, hazard assessment of non-nuclear installation- Rijnmond report, risk analysis of size potentially Hazardous Industrial objects- Rasmussen masses report, Reactor safety study of Nuclear power plant

Theory:	45 Hrs	Tutorial:	Practical:	Project:	Total Hours: 45 Hrs
REFEREN	ICES	w g			
1	Brown, D	B. System analysis	and Design for sa	fety, Prentice Hall,	1976.
2		laterial Intensive Tra ndian Institute of Ch		The state of the s	Analysis, by Process Safety RI, Chennai.
3	Guideline	es for Hazard Evalu	ation Procedures,	Centre for Chemica	al Process safety, AICHE 1992
4	Hazop ar	nd Hazom, by Trevo	r A Klett, Institut	e of Chemical Engir	neering,
5	ILO- Maj	or Hazard control-	A practical Manua	l, ILO, Geneva, 198	8.
6	Loss Prev	vention in Process Ir	dustries-Frank P.	Less Butterworth-I	Hein UK 1990 (Vol.I, II and III)
7.		logies for Risk and S Council, UK	Safety Assessmen	in Chemical Proce	ss Industries, Common wealth
8.		tive Risk assessment	t in Chemical Indi	astries, Institute of (	Chemical Industries, Centre fo

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M.E. Industrial Safety Engineering

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JUNCTION MAIN ROAD, SALEM-5.

Deale	P23ISE505 QUALITY ENGINEER		L	T	P	J	C
P2313	5E3U3	PRODUCTION SYSTEMS	3	0	0	0	3
Course O	utcomes						
At the en	d of the co	urse, the student will be able to					
CO1:	Identify th	he loss function derivation and quality eng	ineering in	product de	esign and		
×	developm	nent processes.					
CO2:	Develop o	online quality control systems and process	control pa	rameters.			
CO3:	Improve t	the production and process diagnosis and p	oroduction	process.		B   B	
CO4:	Asses the	ISO quality management systems.		X			
CO5:	List the ro	oles and responsibilities of leaders.	1 N N		1 20 4		

	(3/2/1 indicate	CO/PO, Po	SO Mapping elation) 3-Strong, 2	2-Medium, 1-Weak	
	Prograi	nme Outcomes (POs)	and Programme Sp	pecific Outcomes (P	SOs)
COs	PO1	PO2	PO3	PO4	PO5
CO1	3		2	1	en desperation con
CO2	2 3 2 3 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	40.4	<b>3</b>		3.
СОЗ	1	3	444 (246) by 10 € (246) by 10 € (446) by 10	1	Superior States
CO4		2			1,
CO5	•			2	a gray desert

	Course Assessment methods	
The second secon	Direct	Indirect
CIE test I (10) CIE test II (10) CIE test III (10)	Assignment / Problem- solving / Seminar (10) Total CIE: 40 marks	Course end survey
	Semester End Examination: 60 marks	- 1

# Unit 01 INTRODUCTION TO QUALITY ENGINEERING AND LOSS FUNCTION

9 Hours

Quality value and engineering- overall quality system-quality engineering in product design - quality engineering in design of production processes - quality engineering in production - quality engineering in service. Loss function Derivation – use-loss function for products/system- justification of improvements-loss function and inspection- quality evaluations and tolerances-N type, S type, L type.

#### Unit 02 ON-LINE QUALITY CONTROL

9 Hours

On-line feedback quality control variable characteristics-control with measurement interval- one unit, multiple units-control systems for lot and batch production. On-line process parameter control variable characteristics- process parameter tolerances- feedback control systems-measurement error and process control parameters.

# Unit 03: ON-LINE QUALITY CONTROL ATTRIBUTES AND METHODS FOR PROCESS IMPROVEMENTS

9 Hours

Checking intervals- frequency of process diagnosis. Production process improvement method- process diagnosis improvement method- process adjustment and recovery improvement methods.

#### Unit 04: QUALITY ENGINEERING AND TPM

9 Hours

Preventive maintenance schedules- PM schedules for functional characteristics- PM schedules for large scale systems. Quality tools-fault tree analysis, event tree analysis, failure mode and effect analysis. ISO quality systems.

#### Unit 05: SIX SIGMA AND ITS IMPLEMENTATION

9 Hours

Introduction- definition-methodology- impact of implementation of six sigma-DMAIC method-roles and responsibilities –leaders, champion, black belt, green belts. Do's and dont's - readiness of organization – planning-management role- six sigma tools – sustaining six sigma.

Theory: 45 Hrs	Tutorial:	Practical:	Project:	Total Hours: 45 Hrs
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#### REFERENCES

- 1. Brue G, "Six Sigma for Managers", Tata-McGraw Hill, New Delhi, Second reprint, 2002.
- 2. De Feo J A and Barnard W W, "Six Sigma: Breaktrough and Beyond", Tata McGraw-Hill, New Delhi, 2005.
- 3. Pyzdek T and Berger R W,"Quality Engineering Handbook", Tata-McGraw Hill, New Delhi, 1996
- 4. Taguchi G, Elsayed E A and Hsiang, T.C.,"Quality Engineering in Production Systems", Mc-Graw-Hill Book company, Singapore, International Edition, 1989

4.8.2023 Version I,0

M.E. Industrial Safety Engineering

PG Regulations 2023

Dr.D. SENTHIL KUMAR, M.E.,Ph.D. PROFESSOR & HEAD DEPT. OF MECHANICAL ENGG. SONA COLLEGE OF TECHNOLOGY JUNCTION MAIN ROAD, SALEM-5.

P23ISE104		INDUSTRIAL SAFETY LABORATORY	L	Т	P	J	C
F2315	£1 <del>04</del>	INDUSTRIAL SAFETT LABORATORY	0	0	4	0	2
Course O	utcomes						
At the end	d of the c	ourse, the student will be able to					
€01:	Conduct	experiments to find out various environmental p	aramete	rs to bring	out the sa	afety	
	environn	nent in the industry.					
CO2:	Measure	the particulate matter and assess the impact of a	air pollut	ion.		-	
CO3:	Identify appropriate personal protective equipment in-dependently for specific requirement						

	(3/2/1 indicat		PSO Mapping crelation) 3-Strong, 2-	-Medium, 1-Weak		
(3/2/1 indicates the strength of correlation) 3-Strong, 2-Medium, 1-Weak  Programme Outcomes (POs) and Programme Specific Outcomes (PSOs)						
COs	PO1	PO2	PO3	PO4	PO5	
CO1	2	2			1	
CO2		1	3	2		
СОЗ	1	e at me a commi	1	3	2 2	

	Course Assessment methods	DE ENGLES SE
	Direct	Indirect
CIE test I (20)  Quiz 1 (5)  CIE test II (20)  Quiz 2 (5)	RTPS (10) Total CIE: 60 marks Semester End Examination: 40 marks	Course end survey

#### LIST OF EXPERIMENTS

#### NOISE LEVEL MEASUREMENT AND ANALYSIS

Measurement of sound pressure level in dB for Impact, continuous and intermittent sources at various networks, peak and average values.

#### 1. FRICTION TEST

Explosive materials like barium nitrate, gun powder, white powder, amerces composition etc.

#### 2. IMPACT AND BURSTING STRENGTH TEST

Explosive materials like gun powder, white powder, amerces composition etc. Burst strength test of packaging materials like paper bags, corrugated cartoons, wood etc. Auto ignition temperature test.

#### 3. EXHAUST GAS MEASUREMENT AND ANALYSIS

Measurement of Sox, Nox, Cox, hydrocarbons.

#### 4. ENVIRONMENTAL PARAMETER MEASUREMENT

Dry Bulb Temperature, Wet Bulb Temperature, Determination of relative humidity, wind flow and effective corrective effective. Particle size Measurement. Air sampling analysis

# 5. TRAINING IN USAGE AND SKILL DEVELOPMENT Personal protective equipment:

Respiratory and non-respiratory-demonstration-self-contained breathing apparatus. Safety helmet, belt, hand gloves, goggles, safety shoe, gum boots, ankle shoes, face shield, nose mask, ear plug, ear muff, anti static and conducting plastics/rubber materials, apron and leg guard.

#### 6. Fire extinguishers and its operations

Water, Co2, Foam, Carbon dioxide (Co2), Dry chemical powder

- Static charge testing on plastic, rubber, ferrous and non-ferrous materials.
- 8. Illumination testing by lux meter and photo meter.

#### 9. Electrical safety

Insulation resistance for motors and cabels Estimation of earth resistance

Earth continuity test Sensitivity test for ELCB

#### 10. Software Usage

Accident Analysis Safety Audit Packages

Consequence Analysis (CISCON)

Fire, Explosion and Toxicity Index (FETI) Failure Mode Analysis

11. First-Aid- Study of Emergency Kits ,First – Aid, and Road safety signals and symbols

#### **List of Equipment**

1. Noise level meter: 1 No

2. Friction tester: 1 No

3. Bursting Strength Tester: 1 No

4. Exhaust gas analyszer: 1 No

5. High volume sampler: 1 No

6. PPE Set: 1 No

7. Fire extinguisher set: 1 No

8. Static charge tester: 1 No

9. First aid kid: 1 No

10. Software: CISION, FETI and Failure Mode analysis

Theory: Tutorial: Practical: 60 Hrs Project: Total Hours: 60 Hrs

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P23ISE105		CAPPTNATION	L	T	P	J	C
P2315	E105	SAFETY AUDIT	0	0	0	2	1
Course O	utcomes		-	F 2	po 9		
At the en	d of the cour	rse, the student will be able to					
CO1:	Minimize t	he Labour turnover by existence of	Safety Measur	es of an E	mployee.		
CO2:	Promote th	e Fatigue Study it will lead to good	production.	2			
CO3:	Implement	the Human Resource Management	Practices	***			

	(3/2/1 indicat		PSO Mapping relation) 3-Strong, 2-N	/ledium, 1-Weak	
	Prograi	nme Outcomes (POs)	and Programme Spec	cific Outcomes (PS	SOs)
COs	PO1	PO2	PO3	PO4	PO5
CO1	-	3.	1	2	
CO2	-	2	2		1
CO3			1	3	2

Course Assessment methods						
Direct Indirec						
Total: 40 marks	F esse F					
Semester End Examination: 60 marks	Course end survey					
SEE- Project Viva -voce						
	Direct  Total: 40 marks Semester End Examination: 60 marks					

#### **DESCRIPTION OF THE COURSE**

- •The students are expected to make a presentation on the state of Safety Audit from the observation from the Industry Safety Department.
- A faculty guide/coordinator is to be allotted and the student will visit the industry to aware about the Importance of the Safety.

- •Students are encouraged to prepare the Safety System Guidelines from your observation period of Inspection from the Industry Safety Department and contribute the same to the Environment Contribution.
- •The students are advised to go through the below mentioned following heads of safety

  Measures to be audit and inspect at the time of visit. Depending on the requirements of the

  organizations, the audit can focus attention on the following aspects of a safety system and

  make sure that your level of expertise in the safety system.

Every safety audit as per 'The Code of Practice' on Occupational Safety & Health 'Indian Standard – 14489:2018, ISO 45001:2018, EMS- ISO 14001:2015, NBC:2016 and other national and international standard applicable to each particular industry.

- Safety Management systems.
- Fire and Explosion prevention, protection and emergency management.
- Work injury prevention.
- Health hazards control.
- Evaluating emergency plan.
- First aid practices
- Management of health and safety
- Accidents and accident reporting
- Asbestos
- Contractors
- Display screen equipment
- Electrical safety
- Emergency lighting
- Environmental protection
- Fire prevention and emergencies
- Hazardous substances
- Housekeeping and cleanliness
- Information and communication
- Kitchens, catering and food safety
- Lifts and lifting equipment

- Manual handling operations
- Noise
- Occupational health
- Personal protective equipment
- Plant rooms, machinery and equipment
- Risk assessment requirements
- Safety Policy
- Safety signs and notices
- Training
- Use of vehicles / vehicle safety
- Water services
- Welfare provision
- Working time
- Work at heights
- Workplace environment
- Accident prevention
- Identifying and correcting Regulatory Deficiencies
- Improvement of Employee Morale
- Identification and Elimination of Safety Hazards

Theory: Tutorial: Practical: Project: 30 Hrs Total Hours: 30 Hrs

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## **COURSE OUTCOMES:**

At the end of the course, the student will be able to

- 1. Review the literature of the research problem
- 2. Choose appropriate data collection and sampling method according to the research problem.
- 3. Interpret the results of research and communicate effectively with their peers
- 4. Explain the Importance of intellectual property rights
- 5. Evaluate trade mark, develop and register patents.

CONT. Service		es the strength of		, 2-Medium, 1-Weak pecific Outcomes (PS	Os)
COs	PO1	PO2	PO3	PO4	PO5
CO1	2	3	3	3	3
ÇQ2	2	3	3	3	3
CO3	2	3	3	3	3
CO4	2	3	3	3	3
CO5	3	3	3	3	3

#### Course Assessment methods

	Indirect	
CIE test I (10) (Theory) CIE test II (10) (Theory) CIE test III (10) (Theory)	Assignment / Problem –Solving /Seminar (10) Total CIE: 40 Marks Semester End Examination: 60 Marks	Course end survey

#### UNIT I INTRODUCTION TO RESEARCH METHODS

9

Definition and Objective of Research, Various steps in Scientific Research, Types of Research, Criteria for Good Research, Defining Research Problem, Research Design, Case Study Collection of Primary and Secondary Data, Collection Methods: Observation, Interview, Questionnaires, Schedules,

#### UNIT II SAMPLING DESIGN AND HYPOTHESIS TESTING

9

steps in Sampling Design, Types of Sample Designs, Measurements and Scaling Techniques -Testing of hypotheses concerning means (one mean and difference between two means -one tailed and two tailed tests), concerning variance — one tailed Chi-square test.

#### UNIT II INTERPRETATION AND REPORT WRITING

Q

Techniques of Interpretation, Precaution in Interpretation, Layout of Research Report, Types of Reports, Oral Presentation, Mechanics of Writing Research Report

#### UNIT IV INTRODUCTION TO INTELLECTUAL PROPERTY

9

Introduction, types of intellectual property, international organizations, agencies and treaties, importance of intellectual property rights, Innovations and Inventions trade related intellectual property rights.

4.8.2023

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Professor and Head,
Department of EEE,
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PG Regulations - 2023

Purpose and function of trade marks, acquisition of trade mark rights, trade mark registration processes, trademark claims —trademark Litigations- International trademark law Fundamental of copy right law, originality of material, rights of reproduction, rights to perform the work publicly, copy right ownership issues, copy right registration, notice of copy right, international copy right law. Law of patents: Foundation of patent law, patent searching process, ownership rights and transfer

Lecture: 45, Tutorial: 0, Total: 45 Hours

#### **TEXT BOOKS**

- C.R. Kothari, Gaurav Garg, Research Methodology Methods and Techniques An Edition, New Age International Publishers, 2019.
- 2. Deborah E. Bouchoux, "Intellectual Property: The Law of Trademarks, Copyrights, Patents, and Trade Secrets", Delmar Cengage Learning, 4" Edition, 2012.
- 3. Prabuddha Ganguli, "Intellectual Property Rights: Unleashing the Knowledge Economy", Tata Mc Graw Hill Education, 1" Edition, 2008.

#### REFERENCE BOOKS

- Panneerselvam, R., Research Methodology, Second Edition, Prentice-Hall of India, New Delhi, 2013
- 2. Ranjith Kumar, Research Methodology A step by step Guide for Begineers, 4" edition, Sage publisher, 2014.
- D Llewelyn & T Aplin W Cornish, "Intellectual Property: Patents, Copyright, Trade Marks and Allied Rights", Sweet and Maxwell, 1" Edition, 2016.
- 4. Ananth Padmanabhan, "Intellectual Property Rights-Infringement and Remedies", Lexis Nexis, 1" Edition, 2012.
- Ramakrishna B and Anil Kumar H.S, "Fundamentals of Intellectual Property Rights: For Students, Industrialist and Patent Lawyers", Notion Press, 1" Edition, 2017.
- 6. M.Ashok Kumar and Mohd. Iqbal Ali :"Intellectual Property Rights" Serials Pub

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Professor and Head, Department of EEE,

Sona College of Technology Salem-636 005. Tamil Nadu.

P23GE701		English for	English for Research Paper Writing			Т	P	J	C
1 230	1 25 GE / UI English		Research Paper v	2	0	0	0	0	
Course (	Outcomes						l		
At the er		rse, the student wi							
CO1:			skills both for resea						
CO2:			ns as sub-headings		thesis				
CO3:			ch paper and thesis						
CO4:			d proficiently for e			unicatio	on		
CO5:	Exhibit pro	fessional proof-rea	ding skills to make	the writing erro	or free	-		-	
		C	ourse Assessment	nethods			5		
		Direc	t				Indire	ct	
CIE test l			Total CIE: 100 man	ks					
CIE test l	, ,		Semester End Exa	mination: NIL		Cour	se end	survey	
nit 01:							6	Hours	
			ng up long sentences, avoiding redundancy			ess			
nit 02:							6	Hours	
Interpretin	ig research find	dings, understanding	and avoiding plagiar	sm, paraphrasin	g section	ons of a	paper/ a	bstract.	
nit 03:	a						6	Hours	
Key skills	to frame a title	e, to draft an abstract	, to give an introduct	on					
nit 04:							6	Hours	
Skills requ	aired to organi	se review of literature	e, methods, results, di	scussion and co	nclusio	ns			
nit 05:	T. J. K.							Hours	
			1 1 1 11 1	C4:	1:	to ensur	e error-f	ree wri	ting
	appropriate phi	rases and key terms to	o make the writing ef	rective - proof-	reading	to chibar			
Usage of	appropriate phi ory: 30 Hrs	Tutorial:	Practical:	Project:	reading		Hours	: 30 H	rs
Usage of	ry: 30 Hrs				reading			: 30 H	rs
Theorem 1. A	ory: 30 Hrs OOKS drian Wallwo	Tutorial:		Project:		Total	Hours		
Theo TEXT BO  1. A Lo	ory: 30 Hrs OOKS drian Wallwo	Tutorial: ork , English for Wr	Practical: iting Research Pape	Project: ers, Springer N	ew You	Total	Hours:	Ieidelb	erg
Theo TEXT BO  1. A Lo 2. H	ory: 30 Hrs OOKS drian Wallwo ondon, 2011 ighman N , H	Tutorial: ork, English for Wr andbook of Writing	Practical: iting Research Paper	Project: ers, Springer N cal Sciences, S	ew You	Total rk Dord Highma	Hours:	Ieidelb	erg
Theo TEXT BO  1. A Lo 2. H 3. D	ory: 30 Hrs DOKS drian Wallwoondon, 2011 ighman N, H ay R, How to	Tutorial: ork, English for Wr andbook of Writing Write and Publish	Practical: iting Research Paper g for the Mathemati a Scientific Paper,	Project: ers, Springer N cal Sciences, S Cambridge Uni	ew You	Total rk Dord Highma Press,	Hours: recht H n's boo	leidelb ok, 199	erg
Theo TEXT BO  1. A Lo 2. H 3. D	ory: 30 Hrs DOKS drian Wallwoondon, 2011 ighman N, H ay R, How to	Tutorial: ork, English for Wr andbook of Writing Write and Publish	Practical: iting Research Paper	Project: ers, Springer N cal Sciences, S Cambridge Uni	ew You	Total rk Dord Highma Press,	Hours: recht H n's boo	leidelb ok, 199	erg
Theo TEXT BO  1. A Lo 2. H 3. D 4. G	ory: 30 Hrs DOKS drian Wallwoondon, 2011 ighman N, H ay R, How to oldbort R, Wi	Tutorial: ork , English for Wr andbook of Writing Write and Publish riting for Science, Y	Practical: iting Research Paper g for the Mathemati a Scientific Paper,	Project: ers, Springer N cal Sciences, S Cambridge Uni ss, 2006. (avail	ew You IAM. I	Total  rk Dord  Highma  Press, 2  Google	recht Han's books	leidelb ok, 199	erg

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SALEM - 61

## Sona College of Technology, Salem

### (An Autonomous Institution)

# Courses of Study for M.E/M.Tech. Semester II under Regulations 2023 (CBCS) Branch: Industrial Safety Engineering

S.No	Course Code	Course Title	L	T	P	J	С	Category	Total Contact Hours	Course Type*
		Theo	ry co	urse	S	<u> </u>	İ	<u> </u>		
1.	P23ISE201	Industrial safety, health and environment acts	3	0	0	0	3	PC	45	T
2.	P23ISE202	Fire engineering and explosion control	3	0	0	0	3	PC	45	Т
3.	P23ISE203		3	0	0	0	3	PC	45	T
4.	P23ISE204	Safety in Process Industries	3	0	0	0	3	PC	45	T
5.	P23ISE507	Elective: Safety in Construction	3	0	0	0	3	PE	45	T
6.	P23ISE512	Elective: Safety in Mines	3	0	0	0	3	PE	45	T
7.	P23ISE702	Audit Course: Stress Management by Yoga	2	0	0	0	0	AC	30	T
Pract	ical courses						-			
8.	P23ISE205	Mini project -hazard assessment in industry	0	0	0	4	2	PC	60	P
			1	otal	Cre	dits	20			

<sup>\*</sup>T- Theory, TT- Theory with Tutorial, TL- Theory with Laboratory, TP- Theory with Project, TLP- Theory with Laboratory and Project, L-Laboratory, LT- Laboratory with Theory, LP- Laboratory with Project

## Approved By

٨	Miraburar	I Allano 7	
Chairperson BoS	Member Secretary/ Academic Council	Dean-Academics	Chairperson, Academic Council & Principal
Dr.D.Senthilkumar	Dr.R.Shivakumar	Dr.J.Akilandeswari	Dr.S.R.R.Senthil Kumar

Copy to:-

HOD/ Mech, Second Semester ME ISE Students and Staff, COE

P23ISE201		INDUSTRIAL SAFETY, HEALTH	L	Т	P	J	C	
5 - 5	201	AND ENVIRONMENT ACTS	3	0	0	0	3	
Course Out	comes					1	<u> </u>	
At the end o	of the cou	rrse, the student will be able to						
CO1:	List out requirements mentioned in factories act for the prevention of accidents.							
CO2:	Discuss the norms for the environmental pollution.							
CO3:	Develo	p the safety data sheet for hazardous and tox	ic chemical	s.	******			
CO4:	Suggest	t the statutory requirements for an Industry of	on registrat	ion, licens	e and its	renewal		
CO5:	Iđentify	the International Acts and Standards.					te en aderenia L	

	(3/2/1 indicates	CO/PO, I the strength of cor	PSO Mapping relation) 3-Strong,	2-Medium, 1-We	eak
	Programn	ne Outcomes (POs)	and Programme S	Specific Outcome	s (PSOs)
COs	PO1	PO2	PO3	PO4	PO5
CO1	3	2	2		
CO2		1		3	
CO3.	1				-
CO4					2
CO5					

	Course Assessment methods	
	Indirect	
CIE test I (10)	Assignment / Problem- solving /	
CIE test II (10)	Seminar (10)	Course end survey
CIE test III (10)	Total CIE: 40 marks	Course end survey
	Semester End Examination: 60 marks	

### Unit 01: FACTORIES ACT – 1948

9 Hours

Statutory authorities – inspecting staff, health, safety, provisions relating to hazardous processes, welfare, working hours, employment of young persons – special provisions – penalties and procedures-Tamilnadu Factories Rules 1950 under Safety and health chapters of Factories Act 1948. Forms, Registers and notices – Tamilnadu Safety Officer Rules 2005- with updated Amendments.

## Unit 02: ENVIRONMENT ACT – 1986

9 Hours

General powers of the central government, prevention, control and abatement of environmental pollution-Biomedical waste (Management and handling Rules, 1989-The noise pollution (Regulation and control) Rules, 2000-The Batteries (Management and Handling Rules) 2001- No Objection certificate from statutory authorities like pollution control board.

Air Act 1981 and Water Act 1974: Central and state boards for the prevention and control of air pollution-powers and functions of boards – prevention and control of air pollution and water pollution – fund – accounts and audit, penalties and procedures

# Unit 03: MANUFACTURE, STORAGE AND IMPORT OF HAZARDOUS CHEMICAL RULES 1989

9 Hours

Definitions – duties of authorities – responsibilities of occupier – notification of major accidents – information to be furnished – preparation of offsite and onsite plans – list of hazardous and toxic chemicals – safety reports – safety data sheets. Major Accident Hazard Control Rules. Hazardous Wastes (management, handling and Transboundary Movement) Rules 2016.

### Unit 04: OTHER ACTS AND RULES

9 Hours

Indian Boiler (Amendments) Act 2007, static and mobile pressure vessel rules (SMPV), motor vehicle rules, The Mines and Minerals (Development & Regulation) Amendment Act, 2015, workman compensation act, rules – electricity act and rules – hazardous wastes (management, handling and transboundary) rules, 2008 - the building and other construction workers act 1996., Petroleum rules, Gas cylinder rules 2016, Explosives Act 1884 - Pesticides Act – E waste (management) rules 2016.

## Unit 05: INTERNATIONAL ACTS AND STANDARDS

9 Hours

Occupational Safety and Health act of USA (The Williames - Steiger Act of 1970) – Health and safety work act (HASAWA 1974, UK) – ISO 14001 – ISO 45001, European Safety and Health Legislations, American Petroleum Institute (API) Standards, Oil Industry Safety Directorate (OISD) Standards, National Fire Protection Association (NFPA) Standards, Atomic Energy Regulatory Board (AERB), American National Standards Institute(ANSI).

1 neor	y: 45 Hrs	Tutorial: -	Practical:-	Project:-	Total Hours: 45 Hrs
REFERE	NCES				
1.	The Facto	ries Act 1948, Ma	adras Book Agency, C	Chennai, 2000	
2,					(India) Pvt.Ltd., New Delhi.
3.				1974. Commercial Lav	

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Semester 2

PG Regulations 2023 (M.E./M.Tech)

	Pvt.Ltd.,New Delhi.
4.	Air (Prevention and control of pollution) act 1981, Commercial Law Publishers (India) Pvt.Ltd., New Delhi.
5.	The Indian boilers act 1923, Commercial Law Publishers (India) Pvt.Ltd., Allahabad.
6.	The Mines Act 1952, Commercial Law Publishers (India) Pvt.Ltd., Allahabad.
7.	The manufacture, storage and import of hazardous chemical rules 1989, Madras Book Agency, Chennai.
8.	Srinivasan S, "The Tamil Nadu Safety Officers Rules 2005" Madras Book Agency, Chennai, 28th Edition, 2017

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P23ISE202		FIRE ENGINEERING AND	L	Т	P	J	C
1 2010	)L202	<b>EXPLOSION CONTROL</b>	3	0	0	0	3
Course O	utcomes					1	1
At the en	d of the cou	rse, the student will be able to	2 A. 2				
CO1:	Discuss ab	out basic concepts of fire and explosion scie	ence.			······································	
CO2:	Implement	the fire prevention techniques different sou	arce of ignitio	n.			
CO3:	Analyze the	e various industrial fire protection systems					
CO4:	Understand	I the causes and prevention of explosion.			•	-	
CO5:	Employ exp	plosion protection techniques and their sign	nificances to s	uit the inc	luctrial r	aguirom	nont

	(3/2/1 indicates	CO/PO, I s the strength of co	PSO Mapping rrelation) 3-Strong	, 2-Medium, 1-We	eak
COs	Programi	ne Outcomes (POs	and Programme S	Specific Outcome	s (PSOs)
COS	PO1	PO2	PO3	PO4	PO5
CO1		3	k tika matan da a <u>ra</u> a kan mada kata ka ma		TWANT SATISFACE
CO2			3	Ī	_
CO3	<u>-</u>			2	
CO4-	-	■ Constanting to the constant of the constant		-	3
CO5"		. 3			

Course Assessment methods						
	Direct	Indirect				
CIE test I (10) CIE test II (10) CIE test III (10)	Assignment / Problem- solving / Seminar (10) Total CIE: 40 marks Semester End Examination: 60 marks	Course end survey				

### Unit 01: PHYSICS AND CHEMISTRY OF FIRE

9 Hours

Fire properties of solid, liquid and gases - fire spread - toxicity of products of combustion - theory of combustion and explosion - vapour clouds - flash fire - jet fires - pool fires - unconfined vapour cloud explosion, shock waves - auto-ignition - boiling liquid expanding vapour explosion - case studies - Flixborough, Mexico disaster, Pasedena Texas, Piper Alpha, Peterborough and Bombay Victoria dock ship explosions

### Unit 02: FIRE PREVENTION AND PROTECTION

9 Hours

Sources of ignition – fire triangle – principles of fire extinguishing – active and passive fire protection systems – various classes of fires – A, B, C, D, E – types of fire extinguishers – fire stoppers – hydrant pipes – hoses – monitors – fire watchers – lay out of stand pipes – fire station-fire alarms and sirens – maintenance of fire trucks – foam generators – escape from fire rescue operations – fire drills – notice-first aid for burns.

#### Unit 03: INDUSTRIAL FIRE PROTECTION SYSTEMS

9 Hours

Sprinkler-hydrants-stand pipes – special fire suppression systems like deluge and emulsifier, selection criteria of the above installations, reliability, maintenance, evaluation and standards – alarm and detection systems. Other suppression systems – CO2 system, foam system, dry chemical powder (DCP) system, halon system – need for halon replacement – smoke venting. Portable extinguishers – flammable liquids – tank farms – indices of inflammability-firefighting systems.

### Unit 04: BUILDING FIRE SAFETY

9 Hours

Objectives of fire safe building design, Fire load, fire resistant material and fire testing – structural fire protection – structural integrity – concept of egress design - exists – width calculations - fire certificates – fire safety requirements for high rise buildings – snookers.

#### Unit 05: EXPLOSION PROTECTING SYSTEMS

9 Hours

Principles of explosion-detonation and blast waves-explosion parameters – Explosion Protection, Containment, Flame Arrestors, isolation, suppression, venting, explosion relief of large enclosure-explosion venting-inert gases, plant for generation of inert gas-rupture disc in process vessels and lines explosion, suppression system based on carbon dioxide (CO2) and halons-hazards in LPG, ammonia (NH3), sulphur dioxide (SO3), chlorine (CL2) etc.

Theory: 45 Hrs Tutorial: -		Practical:-	Project:-	Total Hours: 45 Hrs			
REFERE	ENCES						
1.	"Acciden	t Prevention man	ual for industrial ope	rations" N.S.C., Chica	igo, 1982.		
2.	"Davis D	aniel et al, "Hand	Book of fire technolo	gy"	<u> </u>		
3.	"Fire Pre	vention and firefi	ghting", Loss preven	ion Association, India	<b>l</b> -		
4.	Derek, Ja	mes, "Fire Prever	ntion Hand Book", Bu	tter Worths and Com	pany, London, 1986.		
5.	Dinko Tu	ıhtar, "Fire and ex	xplosion protection"				
6.		Fire fighters hazardous materials reference book Fire Prevention in Factories", an Nostrand Rein Hold, New York, 1991.					
7.	Gupta, R	S., "Hand Book o	of Fire Technology" C	rient Longman, Bomb	pay 1977.		
8.	Relevant Indian Acts and rules, Government of India.						

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Semester 2

PG Regulations 2023 (M.E./M.Tech)

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P23ISE203		ELECTRICAL SAFETY	L	Т	P	J	C
1 2010	)L203	ELECTRICAL SAFETT	3	0	0	0	3
Course O	utcomes			1			1
At the en	d of the course	e, the student will be able to		· y			
CO1:	Understand t	he basic concepts in electrical circuit and	d hazards invo	olved in it.			
CO2:	Identify the e	lectrical hazards in Industries.				7	
CO3:	Assess the op	peration of various protection systems fr	om electrical h	azards			
CO4:	Familiar with	h selection, installation, operation an	d maintenanc	e in elect	rical co	mponer	nts in
CO5:	Recognize dif	ferent hazardous zones in Industries					

	(3/2/1 indicates	CO/PO, I s the strength of co	PSO Mapping relation) 3-Strong,	, 2-Medium, 1-We	eak
COs		ne Outcomes (POs)			
CUS	PO1	PO2	PO3	PO4	PO5
CO1		3			TTYT
CO2	en de Santa de Santa de Santa de Santa de Santa de Santa de Santa de Santa de Santa de Santa de Santa de Santa Caractería de Santa d		2		sectorus 47 c
CO3				2	
CO4				and the second s	3
CO5	The state of the s		er en en en en en en en en en en en en en		

Course Assessment methods						
	Direct	Indirect				
CIE test I (10)	Assignment / Problem- solving /					
CIE test II (10)	Seminar (10)					
CIE test III (10)	Total CIE: 40 marks	Course end survey				
	Semester End Examination: 60 marks					

## Unit 01: CONCEPTS AND STATUTORY REQUIREMENTS

9 Hours

Introduction – electrostatics, electro magnetism, stored energy, energy radiation and electromagnetic interference – Working principles of electrical equipment-Indian electricity act and rules-statutory requirements from electrical inspectorate-international standards on electrical safety – first aid-cardio pulmonary resuscitation (CPR).

#### Unit 02: ELECTRICAL HAZARDS

9 Hours

Primary and secondary hazards-shocks, burns, scalds, falls-human safety in the use of electricity. Energy leakage-clearances and insulation-classes of insulation-voltage classifications-excess energy- current surges-Safety in handling of war equipments-over current and short circuit current-heating effects of current-electromagnetic forces-corona effect-static electricity –definition, sources, hazardous conditions, control, electrical causes of fire and explosion-ionization, spark and arc- ignition energy-national electrical safety code ANSI. Lightning, hazards, lightning arrestor, installation – earthing, specifications, earth resistance, earth pit maintenance.

### Unit 03: PROTECTION SYSTEMS

9 Hours

Fuse, circuit breakers and overload relays – protection against over voltage and under voltage – safe limits of amperage – voltage –safe distance from lines-capacity and protection of conductor-joints-and connections, overload and short circuit protection-no load protection-earth fault protection.

FRLS insulation-insulation and continuity test-system grounding-equipment grounding-earth leakage circuit breaker (ELCB)-cable wires-maintenance of ground-ground fault circuit interrupter-use of low voltage-electrical guards-Personal protective equipment – safety in handling handheld electrical appliances tools and medical equipment

# Unit 04: MAINTENANCE

## SELECTION, INSTALLATION, OPERATION AND

9 Hours

Role of environment in selection-safety aspects in application - protection and interlock-self diagnostic features and fail-safe concepts-lock out and work permit system-discharge rod and earthing devices- safety in the use of portable tools-cabling and cable joints-preventive maintenance.

## Unit 05: HAZARDOUS ZONES

9 Hours

Classification of hazardous zones-intrinsically safe and explosion proof electrical apparatus-increase safe equipment-their selection for different zones-temperature classification-grouping of gases-use of barriers and isolators-equipment certifying agencies

Theory	y: 45 Hrs	Tutorial: -	Practical:-	Project:-	Total Hours: 45 Hrs
REFERE					
1.	"Acciden	t prevention ma	nual for industrial op	erations", N.S.C., Chica	ago, 1982.
2.	Indian El	ectricity Act and	Rules, Government	of India.	
3.			book of TNEB, Chenr		
4.	1988.				lies Pvt. Ltd., England,
5.	Fordham	Cooper, W., "El	lectrical Safety Engine	eering" Butterworth an	d Company, London, 1986

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P231	SE204	SAFETY IN PROCESS INDUSTRIES		T	P	J	C
		3-12 TAVINOCESS INDUSTRIES	3	0	0	0	3
Course (	Outcomes	and the same of the same				1	
At the e	nd of the co	ourse, the student will be able to			,	T.	
CO1:	1	with safe design of equipment which are the esset entire process industries.	ential to c	hemical inc	dustry a	nd lead	s to
COA	F 1						
CO2:	stages.	nnovative solutions while industries facing Prob	lems in co	ommissioni	ing and	mainter	nance
CO2:	stages.			ommissioni	ing and	mainter	nance
	stages.  Develop	nnovative solutions while industries facing Prob the emergency procedure for various plant opera he emergency planning for chemical industry pro-	ations	ommissioni	ing and	mainter	nance

	(3/2/1 indicates	CO/PO, I s the strength of co	PSO Mapping rrelation) 3-Strong	, 2-Medium 1-Wes	ik
COs -	Programi	ne Outcomes (POs	and Programme	Specific Outcomes	(PSOc)
	PO1	PO2	PO3	PO4	PO5
CO1	<b>f</b>	<del>-</del>	•	-	3
CO2	n soone of compressions.		2	Application =	
СОЗ	-	-	<u>-</u>	2	<u> </u>
CO4		3		-	1
CO5	-		The state of the s	•	

Course Assessment methods						
	Direct	Indirect				
CIE test I (10) CIE test II (10) CIE test III (10)	Assignment / Problem- solving / Seminar (10) Total CIE: 40 marks Semester End Examination: 60 marks	Course end survey				
Init 01: SAFETY II	N PROCESS DESIGN AND PRESSURE SYSTEM DE	SIGN 9 Hours				

## Unit 01: SAFETY IN PROCESS DESIGN AND PRESSURE SYSTEM DESIGN

9 Hours

Design process, conceptual design and detail design, assessment, inherently safer design-chemical reactor, types, batch reactors, reaction hazard evaluation, assessment, reactor safety, operating conditions, unit operations and equipments, utilities.

Pressure system, pressure vessel design, standards and codes- pipe works and valves- heat exchangersprocess machinery- over pressure protection, pressure relief devices and design, fire relief, vacuum and thermal relief, special situations, disposal- flare and vent systems- failures in pressure system.

### Unit 02: PLANT COMMISSIONING AND INSPECTION

9 Hours

Commissioning phases and organization, pre-commissioning documents, process commissioning, commissioning problems, post commissioning documentation

Plant inspection, pressure vessel, pressure piping system, non destructive testing, pressure testing, leak testing and monitoring- plant monitoring, performance monitoring, condition, vibration, corrosion, acoustic emission-pipe line inspection.

#### Unit 03: PLANT OPERATIONS

9 Hours

Operating discipline, operating procedure and inspection, format, emergency procedures- hand over and permit system- start up and shut down operation, refinery units- operation of fired heaters, driers, storage-operating activities and hazards- trip systems- exposure of personnel

### Unit 04: PLANT MAINTENANCE, MODIFICATION AND EMERGENCY PLANNING

9 Hours

Management of maintenance, hazards- preparation for maintenance, isolation, purging, cleaning, confined spaces, permit system- maintenance equipment- hot works- tank cleaning, repair and demolition- online repairs- maintenance of protective devices- modification of plant, problems- controls of modifications. Emergency planning, disaster planning, onsite emergency- offsite emergency, APELL

#### Unit 05: STORAGES

9 Hours

General consideration, petroleum product storages, storage tanks and vessel- storages layout- segregation, separating distance, secondary containment- venting and relief, atmospheric vent, pressure, vacuum valves, flame arrestors, fire relief- fire prevention and protection- LPG storages, pressure storages, layout, instrumentation, vapourizer, refrigerated storages- LNG storages, hydrogen storages, toxic storages, chlorine storages, ammonia storages, other chemical storages- underground storages- loading and unloading facilities- drum and cylinder storage- ware house, storage hazard assessment of LPG and LNG

Theor	Theory: 45 Hrs Tutorial: -		Practical:-	Project:-	Total Hours: 45 Hrs			
REFERI	ENCES							
1.	"Acciden	t Prevention Mar	nual for Industrial Op	erations" NSC, Chica	go, 1982.			
2.		"Quantitative Risk Assessment in Chemical Process Industries" American Institute of Chemical Industries, Centre for Chemical Process safety.						
3.	Carbide o	of Calcium Rules,	Government of India	<b>1.</b>				
4.	Fawcett, H.h. and Wood, "Safety and Accident Prevention in Chemical Operations" Wiley inters							

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	Second Edition.
5.	GREEN, A.E., "High Risk Safety Technology", John Wiley and Sons,. 1984.
6.	Lees, F.P. "Loss Prevention in Process Industries" Butterworths and Company, 1996
7.	Petroleum Act and Rules, Government of India.

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P23ISE507		SAFETY IN CONSTRUCTION	L	T	P	J	C
1251	)L307	SAFETT IN CONSTRUCTION	3	0	0	0	3
Course O	utcomes						<u> </u>
At the en	d of the co	urse, the student will be able to		a a Nyari ni Ka			
CO1:	Identify th	ne types and causes of accidents and designin	g aids for s	afe constru	action.	- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	
CO2:	Analyze tl	he hazards during construction of power plar	nt, road wo	rks and hi	gh-rise bu	uildings	
CO3:	Develop th	he safety procedure for working at heights du	uring constr	uction.			
CO4:	Identify th	ne various construction machinery.					
CO5:	Implemen	t the safe demolition work culture in construc	ction fields				

	(3/2/1 indicates		PSO Mapping relation) 3-Strong,	2-Medium, 1-We	eak
60	Programn	ne Outcomes (POs)	and Programme S	Specific Outcome	s (PSOs)
COs	PO1	PO2	PO3	PO4	PO5
CO1	2		11 (12 m) T		
CO2				3	
CO3		3		- 1	
CO4				2	. 2
CO5			2		en en en en en en en en en en en en en e

	Course Assessment methods	
	Direct	Indirect
CIE test I (10) CIE test II (10) CIE test III (10)	Assignment / Problem- solving / Seminar (10) Total CIE: 40 marks Semester End Examination: 60 marks	Course end survey

#### Unit 01: ACCIDENTS CAUSES AND MANAGEMENT SYSTEMS

9 Hours

Problems impeding safety in construction industry- causes of fatal accidents, types and causes of accidents related to various construction activities, human factors associated with these accident - construction regulations, contractual clauses - Pre contract activates, preconstruction meeting - design aids for safe construction - permits to work - quality assurance in construction - compensation. Recording of accidents and safety measures - Education and training

#### Unit 02: HAZARDS OF CONSTRUCTION AND PREVENTION

9 Hours

Excavations, basement and wide excavation, trenches, shafts - scaffolding, types, causes of accidents, scaffold inspection checklist - false work - erection of structural frame work, dismantling - tunneling blasting, pre blast and post blast inspection - confined spaces - working on contaminated sites - work over water - road works - power plant constructions - construction of high rise buildings

#### Unit 03: WORKING AT HEIGHTS

9 Hours

Fall protection in construction OSHA 3146 - OSHA requirement for working at heights, Safe access and egress - safe use of ladders- Scaffoldings, requirement for safe work platforms, stairways, gangways and ramps - fall prevention and fall protection, safety belts, safety nets, fall arrestors, controlled access zones, safety monitoring systems - working on fragile roofs, work permit systems, height pass - accident case studies.

#### Jnit 04: CONSTRUCTION MACHINERY

9 Hours

Selection, operation, inspection and testing of hoisting cranes, mobile cranes, tower cranes, crane inspection checklist - builder's hoist, winches, chain pulley blocks - use of conveyors - concrete mixers, concrete vibrators - safety in earth moving equipment, excavators, dozers, loaders, dumpers, motor grader, concrete pumps, welding machines, use of portable electrical tools, drills, grinding tools, manual handling scaffolding, hoisting cranes - use of conveyors and mobile cranes - manual handling.

#### Unit 05: SAFETY IN DEMOLITION WORK

9 Hours

Safety in demolition work, manual, mechanical, using explosive - keys to safe demolition, pre survey inspection, method statement, site supervision, safe clearance zone, health hazards from demolition Indian standard - trusses, girders and beams - first aid - fire hazards and preventing methods - interesting experiences at the construction site against the fire accidents

Theory: 45 Hrs Tutorial: -Practical:-Project:-Total Hours: 45 Hrs REFERENCES

- Handbook of OSHA Construction safety and health charles D. Reese and James V. Edison 1.
  - Hudson, R.,"Construction hazard and Safety Hand book, Butter Worth's, 1985. 2.
  - 3. Jnathea D.Sime, "Safety in the Build Environment", London, 1988.
- 4. V.J.Davies and K.Thomasin "Construction Safety Hand Book" Thomas Telford Ltd., London, 1990.

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Dagie	PET10	CAPETY IN NAINE	c	L	T	P	J	C
F2313	P23ISE512 SAFETY IN MINES		5	3	0	0	0	3
Course O	utcomes							
At the en	d of the cour	se, the student will be able to						
CO1:	Familiar wi	th the concept of safety aspects	in the minin	g industries	•			
CO2:	Classify the	types of mining activities like	open case mi	nes, underg	round mi	nes and t	unnel li	ng.
CO3:	safety activi	various risks involved in the meties to be taken to ensure the sa	afety of the w	orkers.				
CO4:	Implement	the techniques like risk assessm	nent Disaster	manageme	nt and em	ergency	prepare	ane
	with the pro	oper knowledge on accident pre	evention.					
CO5:		pper knowledge on accident pre knowledge on accident preven		s.				
CO5:	Employ the		ntion in mine		l-Weak			
	Employ the	CO/PO, PSO Maicates the strength of correlation	apping n) 3-Strong, 2	2-Medium, 1 pecific Outc				
CO5:	Employ the	knowledge on accident preven  CO/PO, PSO Maicates the strength of correlation	apping n) 3-Strong, 2	2-Medium, 1		Ds) PO5		

	Programn	ramme Outcomes (POs) and Programme Specific Ou		pecific Outcome	s (PSOs)
COs	PO1	PO2	PO3	PO4	PO5
CO1	1	3		A Company of the Comp	
CO2		• 			
CO3	-	2		2	2
CO4	1				334
CO5		1		1	

## Course Assessment methods

	Direct	Indirect
CIE test I (10) CIE test II (10) CIE test III (10)	Assignment / Problem- solving / Seminar (10) Total CIE: 40 marks Semester End Examination: 60 marks	Course end survey

#### **Unit 01: OPENCAST MINES**

9 Hours

Causes and prevention of accident from: Heavy machinery, belt and bucket conveyors, drilling, hand toolspneumatic systems, pumping, water, dust, electrical systems, fire prevention. Garage safety - accident reporting system-working condition-safe transportation - handling of explosives.

#### Unit 02: **UNDERGROUND MINES**

9 Hours

Fall of roof and sides-effect of gases-fire and explosions-water flooding-warning sensors-gas detectorsoccupational hazards-working conditions-winding and transportation.

#### Unit 03:

TUNNELLING

9 Hours

Hazards from: ground collapse, inundation and collapse of tunnel face, falls from platforms and danger from falling bodies. Atmospheric pollution (gases and dusts) - trapping -transport-noise- electrical hazards-noise and vibration from: pneumatic tools and other machines - ventilation and lighting - personal protective equipment.

#### Jnit 04:

RISK ASSESSMENT

9 Hours

Basic concepts of risk-reliability and hazard potential-elements of risk assessment - statistical methods control charts-appraisal of advanced techniques-fault tree analysis-failure mode and effect analysis quantitative structure-activity relationship analysis-fuzzy model for risk assessment.

#### **Unit 05:** ACCIDENT ANALYSIS AND MANAGEMENT

9 Hours

Accidents classification and analysis-fatal, serious, minor and reportable accidents - safety audits- recent development of safety engineering approaches for mines-frequency rates-accident occurrenceinvestigation-measures for improving safety in mines-cost of accident-emergency preparedness - disaster management.

Theory: 45 Hrs	Tutorial: -	Practical:-	Project:-	Total Hours: 45 Hrs

#### REFERENCES

- DGMS Circulars-Ministry of Labour, Government of India press, OR Lovely Prakashan -1. DHANBAD, 2002.
  - 2. Kejiriwal, B.K. Safety in Mines, Gyan Prakashan, Dhanbad, 2001.
- 3. "Mine Health and Safety Management", Michael Karmis ed., SME, Littleton, Co.2001.

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P23ISE205		MINI PROJECT - HAZARD	L	T	P	J	C
		ASSESSMENT IN INDUSTRY	0	0	0	4	2
Course O	utcomes						
At the en	d of the cou	rse, the student will be able to					
CO1:	Select and a	analysis the effective industry safety method	ds for the gi	ven field a	pplicatio	ns.	
CO1:		analysis the effective industry safety methodoretical knowledge for understanding real si		ven field a	pplicatio	ns.	

	(3/2/1 indicates		PSO Mapping relation) 3-Strong,	2-Medium, 1-We	ak
co.	Programm	e Outcomes (POs)	and Programme S	pecific Outcomes	(PSOs)
COs	PO1	PO2	PO3	PO4	PO5
CO1	2	2	2	2	3
CO2	3		- 11-	2	
СОЗ	2			1	2

	Course Assessment methods	
	Direct	Indirect
Review I (5)	Total: 40 marks	
Review II (15)	Semester End Examination: 60 marks	Course end survey
Review III (20)	SEE- Project Viva -voce	

#### **GUIDELINES:**

- The students are expected to undergo meaningful, practical and hands-on-work experiences related to safety measures in industry.
- A faculty guide is to be allotted and he / she will guide and monitor the progress of the Student's activities and maintain attendance also.
- Students should submit a report (within 50 pages) which contains brief observations of training (process, product, layout, safety measures and methods and give a presentation.
- Mini project should be evaluated through final presentation with viva-voce exam.

Theory: - Tutorial: - Practical: - Project: 60 Hrs Total Hours: 60 Hrs

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1 25	GE702	Stross N	Management by Yog	Ta	L T	P	J	C
	GE/02	Stress	Tanagement by 1 of	Sa	2 0	0	0	0
Course O	utcomes							
At the en	d of the cour	se, the student wil	l be able to					
CO1:	Develop ph	ysical and mental l	nealth thus improving	g social health				-
CO2:	Increase im	munity power of th	e body and prevent	diseases				16.
CO3:	Accelerate	memory power	5					
CO4:	Achieve the	e set goal with conf	idence and determin	ation				
CO5:	Improve sta	bility of mind, plea	asing personality and	work with awa	kened wisd	om		
o .	-	C	ourse Assessment n	nethods			,	
		Direc				Indire	ct	
CIE test I	(30)		Total CIE: 100 mark	(S				
CIE test I			Semester End Exan		Con	rse end	SIITVAV	
CIE test II	, ,		Semester End Exam	mianon. NiL	-	ibe ena	our vey	
Unit 01:	()				1	6	Hours	3
Yoga-Intro	oduction - As	stanga Yoga- 8 part	s-Yam and Niyam et	c - Do's and Do	n'ts in life-			
			nayam Yoga- Nadi					
			s effects-Practice and l					
Jnit 02:			5)			6	Hours	3
Neuromus	cular breathin	g exercise and Prac	tice- Magarasa Yoga,	14 points Acu	pressure tec	hniques	and pra	ctice-
			ja Yoga- 1.Agna –exp		tice- Activa	tion of P	ituitary-	Raja
Voca 2 S	anthi Voga-Pr	. D1 . C						
	anun 10ga-11	actice-Balancing of	physical and mental po	ower.	2			
Jnit 03:		4			d		Hours	3
J <b>nit 03:</b> Raja Yog	a- 3. Sagasra	thara yoga -practic	e- Activation of dor	mant brain cells		a-theory	- Kaya	kalpa
Jnit 03: Raja Yog –practice-	a- 3. Sagasra	thara yoga -practic		mant brain cells		a-theory	- Kaya	kalpa
Jnit 03: Raja Yog –practice- benefits	a- 3. Sagasra	thara yoga -practic	e- Activation of dor	mant brain cells		a-theory xplanati	- Kaya on-Pra	kalpa ctice-
Jnit 03: Raja Yog –practice- benefits Jnit 04:	a- 3. Sagasra -Yogic exerci	thara yoga –practicise to improve physical	ee- Activation of dor sical and mental hea	mant brain cells	-Asanas –e	a-theory explanati	- Kaya on-Pra Hours	kalpa ctice-
Jnit 03: Raja Yog –practice- benefits Jnit 04: Sun nam	a- 3. Sagasra -Yogic exerci	thara yoga –practicise to improve phy-	ee- Activation of dor sical and mental hea and practice-Yog	mant brain cells of the second control of the second cells of the	-Asanas -e	a-theory xplanati 6 ajrasana	- Kaya on-Pra Hours	kalpa ctice
Init 03: Raja Yog –practice- benefits  Jnit 04: Sun nam viruchasa	a- 3. Sagasra -Yogic exerci naskar- 12 na etc-Stress	thara yoga –practicise to improve physics poses-explanation management with	ce- Activation of dorsical and mental hear	mant brain cells of the second control of the second cells of the	nasana, v	a-theory xplanati 6 ajrasana violence	- Kaya on-Pra Hours chakra , Huma	kalpa ctice-
Init 03: Raja Yog —practice- benefits  Jnit 04: Sun nam viruchasa Self- con	a- 3. Sagasra -Yogic exerci naskar- 12 na etc-Stress trol- Food a	thara yoga –practicise to improve physics poses-explanation management with nd yoga Aware o	ee- Activation of dorsical and mental hear and practice-Yog Yoga-Role of women f self-destructive him.	mant brain cells Ith and practice  a —Asana-Padi en and Yoga Eq abits Avoid fai	nasana, v	a-theory xplanati 6 ajrasana violence	- Kaya on-Pra Hours chakra , Huma	kalpa ctice-
Jnit 03: Raja Yog —practice- benefits Jnit 04: Sun nam viruchasa Self- con Practice)-	a- 3. Sagasra -Yogic exerci naskar- 12 na etc-Stress trol- Food a	thara yoga –practicise to improve physics poses-explanation management with nd yoga Aware o	ce- Activation of dorsical and mental hear	mant brain cells Ith and practice  a —Asana-Padi en and Yoga Eq abits Avoid fai	nasana, v	a-theory explanati 6 ajrasana violence g (thoug	Hours chakra Huma t ana	kalpa ctice- isana anity lysis-
Jnit 03: Raja Yog —practice- benefits Jnit 04: Sun nam viruchasa Self- con Practice)- Jnit 05:	a- 3. Sagasra -Yogic exerci naskar- 12 na etc-Stress trol- Food a Yoga Free fr	thara yoga –practicise to improve physics poses-explanation management with nd yoga Aware oom ANGER (Neutro	and practice-Yog Yoga-Role of wome f self-destructive heralization of anger)&	mant brain cells alth and practice a —Asana-Pada en and Yoga Equabits Avoid fau	nasana, v uality, non	a-theory xplanati 6 ajrasana violence (thoug	Hours, chakra, Humaht ana	kalpa ctice- isana, anity, lysis-
Init 03: Raja Yog —practice- benefits Jnit 04: Sun nan viruchasa Self- con Practice)- Jnit 05: Moralisat	a- 3. Sagasra -Yogic exerci- naskar- 12 na etc-Stress trol- Food a Yoga Free fro-	poses-explanation management with nd yoga Aware o om ANGER (Neutr	and practice-Yog Yoga-Role of wome f self-destructive heralization of anger)&	mant brain cells alth and practice a —Asana-Pada en and Yoga Eq abits Avoid fau c practice s-Compassion E	nasana, vuality, non	a-theory xplanati  6 ajrasana violence (thoug)  6 of worrie	Hours, chakra, Humaht ana	kalpa ctice sisana anity lysis-
Init 03: Raja Yog —practice- benefits Jnit 04: Sun nam viruchasa: Self- con Practice)- Jnit 05: Moralisat: Personalit	a- 3. Sagasra -Yogic exerci- naskar- 12 na etc-Stress trol- Food a Yoga Free free ion of Desire ty development	poses-explanation management with and yoga Aware of om ANGER (Neutront, positive thinking)	and practice-Yog Yoga-Role of wome f self-destructive healization of anger)& nality-Love-Kindness	mant brain cells alth and practice a —Asana-Padr en and Yoga Eq abits Avoid fau practice s-Compassion E to lead a moral	nasana, vuality, nonalt thinking	a-theory xplanati  6 ajrasana violence (thoug)  6 of worries clear	Hours, chakra, Humaht ana	kalpa ctice- isana anity lysis- tice -
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M.E / M.. Tech Regulations 2023